

TIFFANY SHAWN COBB

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OBJECTIVE

Seeking a counseling practicum/internship with UT Health TCC/NOW Clinic to apply evidence-based therapeutic techniques in mental health counseling. Committed to fostering a culturally competent and supportive environment while gaining hands-on experience in assessment, intervention, and treatment planning.

SUMMARY OF QUALIFICATIONS

- Currently pursuing a master's in clinical Mental Health Counseling, building upon a Bachelor's in Substance Abuse Counseling. Strong foundation in counseling techniques, psychological theories, and ethical practices.
- Experienced in working with diverse populations through coursework and research, particularly in substance abuse counseling and dual-diagnosis treatment among individuals experiencing homelessness.
- Strong background in human services, with experience in crisis intervention, case management, and client advocacy, equipping with skills essential for effective counseling.
- Highly adaptable and skilled in self-management, maintaining professionalism and empathy in challenging environments while balancing academic, professional, and personal responsibilities.
- Computer Skills: Proficient in Microsoft Word, PowerPoint, Adobe Photoshop, and Excel. Familiar with electronic health record (EHR) systems and eager to gain hands-on experience with use.

EDUCATION

Master of Science (MS) in Clinical Mental Health Counseling

May 2027

The University of Texas at San Antonio

GPA: 4.0

Master of Science in Clinical Mental Health Counseling (CACREP Accredited)

Relevant Coursework:

- Clinical Mental Health Counseling- Explored core counseling theories, treatment planning, and ethical considerations in professional practice
- Multicultural Counseling- Developed cultural competency skills to address diverse client needs and promote inclusive therapeutic practices
- Diagnosis and Assessment- Studied DSM-5 criteria, clinical assessment tools, and case conceptualization strategies
- Student Member of the Sigma Alpha Chi chapter of Chi Sigma Iota, Counseling, Academic, and Professional Honor Society International

Bachelor of Arts

November 2024

Southern New Hampshire University

GPA: 4.0

- Concentration in Substance Abuse Counseling, minor: Psychology

RELATED EXPERIENCE

Restaurant Server, Margaritaville & Fish City Grill, Texas & Las Vegas

January 2023 - Present

- Utilize interpersonal and active listening skills to build rapport with diverse clientele and manage high-pressure situations with professionalism for 100+ clients daily
- Apply conflict resolution and de-escalation strategies to maintain positive client interactions for 100+ clients daily
- Collaborate with colleagues to ensure a supportive, efficient, and team-oriented work environment, demonstrating adaptability and leadership while receiving highest in sales

Preschool Site Coordinator, Peacock Family Services, Bainbridge Island, WA

March 2019 - December 2022

- Oversaw a team of childcare providers, conducting regular mental health check-ins and ensuring a positive, emotionally supportive environment for 10 staff members and 50 students
- Applied conflict resolution and crisis intervention skills to address concerns from staff, parents, and children for 70+ individuals
- Provided guidance on emotional regulation techniques for 50 children, incorporating trauma-informed and developmentally appropriate strategies