

Tiffany Cobb

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Kelli Mathias, LPC-S

Internship Coordinator

Transitional Care Clinic (TCC) & New Opportunities for Wellness (NOW) Clinic

UT Health San Antonio, Department of Psychiatry

5788 Eckhert Rd.

San Antonio, TX 78240

Dear Ms. Mathias,

I am writing to express my interest in a counseling internship position with the Transitional Care Clinic (TCC) and New Opportunities for Wellness (NOW) clinic. As a graduate student in the Clinical Mental Health Counseling program at UT San Antonio, I am drawn to TCC/NOW's mission of ensuring rapid, sustained access to behavioral health care regardless of insurance status, and to a culture that prioritizes client dignity, autonomy, and evidence-based treatment.

My background is particularly suited to your patient population. I hold a bachelor's degree with a concentration in substance abuse counseling, and much of my graduate coursework and research has focused on dual-diagnosis treatment among individuals experiencing homelessness. I have also built a strong foundation in crisis intervention and client advocacy through prior professional experience, including coordinating mental health check-ins and crisis response as a Preschool Site Coordinator overseeing a team of staff and more than fifty children.

I am especially motivated by the opportunity to build skill in brief, coping-based crisis counseling through your Living Room service, and to develop competence in the Crisis Response Planning approach to suicide risk assessment, a model I find more collaborative than a traditional safety planning. I am also eager to expand my counseling skills using Solution-Focused Brief Therapy, Motivational Interviewing, and Dialectical Behavior, and to gain experience with the Access Group intake process supporting patients through transitioning out of inpatient care.

I am currently maintaining a 4.0 GPA in my graduate program and am an active student member of Chi Sigma Iota. I would welcome the opportunity to discuss how my background and clinical interest aligns with TCC/NOW's internship goals. Thank you for your time and consideration.

Sincerely,

Tiffany Cobb